

Peanut Butter Protein Yogurt with Blackberries

1 SERVING 5 MINUTES



INGREDIENTS

- 1 1/2 cups Unsweetened Coconut Yogurt
- 1/4 cup Vanilla Protein Powder
- 1 cup Blackberries
- 1 tbsp All Natural Peanut Butter

DIRECTIONS

- 01 In a bowl combine the coconut yogurt and protein powder. Mix until smooth.
- 02 Top with the blackberries and swirl in the peanut butter. Enjoy!

NOTES

LEFTOVERS

Best enjoyed fresh. Refrigerate in an airtight container for up to three days, keeping the berries separate.

SERVING SIZE

One serving is approximately 2 1/2 cups.

MORE FLAVOR

Add maple syrup or honey.

ADDITIONAL TOPPINGS

Granola, hemp seeds, and/or ground flax seeds.